

PATIENT REGISTRATION

Bring this form filled out along with your ID and medical insurance card to your appointment.



Dry Eye Clinic at
CENTER FOR SIGHT

Mr. Mrs. Ms. Dr.

First Name: _____ Middle Int: _____ Last Name: _____

Nickname: _____ DOB: _____ SS#: _____ Male Female

Address: _____

City: _____ State: _____ ZIP: _____

Primary Phone#: _____ Secondary#: _____ Third#: _____

Email: _____ Marital Status: Single Married Divorced Widowed

Insurance Provider: _____

Member Name (if different than patient): _____

Relationship to Patient: _____ SS#: _____

DOB: _____ Member Address: _____

Guarantor for Minor or POA: _____ Relationship: _____

Guarantor Address: _____ Phone: _____

Guarantor SS#: _____ DOB: _____

Primary Care Physician: _____

Address: _____

Referred By: _____

Emergency Contact: _____ Phone: _____

Nearest Relative (not living with you): _____ Phone: _____

List the person(s) who may have access to your medical records: _____

Are you currently in a Skilled Nursing Facility? YES NO

Name of Facility: _____

Address: _____ Phone: _____



Dry eye disease affects millions of people throughout the world and is one of the most common reasons for patients to seek eye care. This disease is characterized by an unstable and a more concentrated (termed hyperosmolar) tear film, which leads to increased inflammation and damage to eye structures and nerves. Moderate to severe dry eye can be life-altering and may be associated with eye pain, limitations in performing daily activities (reading, driving, use of digital devices), sleep deprivation, reduced energy, poor general health, and often depression.

The management of dry eye disease can be challenging because it is a multifactorial condition. At Dry Eye Institute, we determine the major factors causing the dry eye and customize the appropriate management. Our goal is to restore the health of the surface of the eye and tear film by lowering the hyperosmolarity. Homeostasis refers to balance of the tear film.

While certain treatments may be specifically indicated for one aspect of a patient's condition, several therapies may be appropriate to manage a patient presenting with dry eye. At our clinic we understand that treatment of dry eye is an art, requiring an individualized approach for affected patients. There is no single approach to dry eye management that will suit all patients.

What causes Dry Eye Disease? Most people have some form of dry eye disease. The number of patients without symptoms has been reported up to 50%, while the prevalence based on signs of eye surface disease alone is generally higher and more variable, reaching up to 75% in some populations.

Dry eye disease occurs significantly more frequently in women. Additionally contact lens wear has been identified as causing or being associated with dry eye. Changes to the tear film in contact lens wearers with dry eye include lipid layer thinning, tear film instability, lower tear turnover and a decreased volume of tears on the ocular surface. The increased digital screen time reduces the blink rate which affects the ocular surface in a negative way.

Corneal refractive surgery, corneal transplantation, cataract surgery, eyelid surgery, cosmetic procedures, botulinum toxin application. Topical and systemic medications

and drug groups that may induce or worsen dry eye are for example antirheumatic, opioids, anti-depressants, hormonal replacement, diuretics as well as many others

We look forward to helping you manage your ocular surface disease. We appreciate your trust and take pride in caring for your sight. Typical new patient dry eye evaluation takes 45-60 minutes. During that time, you will be presented with non-invasive and easy tests allowing our clinicians to obtain valuable information regarding the specific etiology of your condition. There are many causes of dry and irritated eyes; our mission is to identify your specific disease condition and tailor a treatment regimen that is specific to you.

There are a few things we like our new patients to know prior to their appointment. This will help the accuracy of our testing.

- Please do not use any eye drops 2 hours prior to your appointment
- Please do not wear contacts to your appointment
- Please do not wear makeup to your appointment
- PLEASE FILL OUT THE DRY EYE QUESTIONNAIRE AND BRING IT WITH YOU TO YOUR FIRST APPOINTMENT

Tests We Perform:

Osmolarity: Measures the solute (salt) percentage in the tear film. Tear osmolarity assessments are widely used and help to determine how severe your dry eye may be. Increased osmolarity, or hyperosmolarity, indicates a decreased production of the water and oil layers in the tear film.

LipiView: Is a non-invasive device that is used to get an accurate digital picture of a patient's tear film and gland imaging. The LipiView evaluates 3 different things: Lipid Layer Thickness, Blink Dynamics and Dynamic Meibomian Gland Imaging. There is a \$50.00 non-insurance covered fee for this important test.

Appt Date & Time:

Visit www.caringforeyes.com to access more dry eye education. Call (317) 334-4424 if you have any questions.



Name: _____ Date: _____

1. Questions about **DISCOMFORT**:

a. During a typical day in the past month, **how often** did your eyes feel discomfort?

NEVER	RARELY	SOMETIMES	FREQUENTLY	CONSTANTLY
0	1	2	3	4

b. When your eyes felt discomfort, **how intense was this feeling of discomfort** at the end of the day, within two hours of going to bed?

NEVER HAVE IT	NOT AT ALL INTENSE				VERY INTENSE
0	1	2	3	4	5

2. Questions about **EYE DRYNESS**:

a. During a typical day in the past month, **how often** did your eyes feel dry?

NEVER	RARELY	SOMETIMES	FREQUENTLY	CONSTANTLY
0	1	2	3	4

b. When your eyes felt dry, **how intense was this feeling of dryness** at the end of the day, within two hours of going to bed?

NEVER HAVE IT	NOT AT ALL INTENSE				VERY INTENSE
0	1	2	3	4	5

3. Question about **WATERY EYES**:

a. During a typical day in the past month, **how often** did your eyes look or feel excessively watery?

NEVER	RARELY	SOMETIMES	FREQUENTLY	CONSTANTLY
0	1	2	3	4

TOTAL SCORE: _____